

WINTER NEWSLETTER 2023 / 2024



LifeSavers

Training For Life

Happy Holidays, Merry Christmas, Happy Hanukkah and Happy New Year !!

What do all these celebrations have in common?

'Happy and Merry' to all of us, no matter what our customs are ...

We all have that in common. SO let's remember those words even if pressure and stress sets in ...

Happy and Merry to all my amazing Instructors :}

Heart Attacks and Cardiac Arrests are on the RISE:

A study last year by Cedars-Sinai Medical Center in Los Angeles shows heart attack deaths were up for all age groups in 2020 and 2021. But the largest increase was in the 25-44 age group, a 29% jump during those years. It's something doctors are now to better understand. There is controversy on what these contributors are from increased stress, decreased exercise, yoyo dieting and the Covid 19 pandemic.

Everyone has heard about Damar Hamlin, Pro Football Player and his cardiac arrest.

Click to hear a few words from him.

<https://www.youtube.com/watch?v=Dqp5JaWfrrA>

AHA Atlas Platform:

We survived the global launch of the Atlas Platform replacing the Instructor Network, barely!

I am supportive of changes as I believe 'change is progress', however, this launch caused me premature aging and a 10 lb. weight gain. (I really did not need or want either of them!)

With this launch comes many automatic controls within the site. For example, if you let your current Instructor card expire, they (the site) will not allow you any access to the site until you are current again and realigned with a Training Center.

I am not thrilled with this, but I have no control over their Global site. {Please stay current so you and your Training Site do not have to jump through these additional hoops.}

*** Please NOTE – You must use the same email on the Atlas platform as you use in the eCard system for the information to sync between the two platforms. If an email is changed in either system, errors will occur and alignments will be affected.



Instructor Renewal Protocol:

It is the sole responsibility of you as an AHA Instructor to keep track and navigate your renewal date. This is an ongoing problem that causes you, your company and your TC unnecessary stress, frustration, delays in training, not to mention increased cost.

AHA does not allow any grace period for any AHA Courses and have not for many years.)

Please put a reminder on your calendar to notify me 2-3 months prior to your expiration month and year.

For those of you that notify me in a timely matter... Thank You!!

WorldPoint payment process change:

If you order training equipment and/or supplies from them you may have already received a notification from WorldPoint, but just in case, I wanted to prepare you. If you were granted an extended credit term previously, that will change effective 1.1.2024.

You can still pay by credit card at the time of the order, but not on their website.

(If you need further clarification - Please reach out to them directly 888.322.8350.

AHA Instructor Community Digest & ECC Beat:

These are both great resources for all Instructors. You will find the Community Digest to be a question-and-answer forum that ANY Instructor can answer or respond to. Therefore, be careful trusting all answers. (It can get a bit negative – so be cautious). Do your research before believing all responses. I am also a resource, and I will do my best to answer your questions.

The ECC Beat comes directly from the AHA – so I favor that forum. Make sure you are receiving these or reach out to them to get on their list.

AHA Heartcode BLS Online Price Increase:

AHA is increasing their price from \$34.00 to \$36.00 effective 2.1.2024. If your company provides this online training along with the Skills Session, it may be beneficial to order a large number of these online keys before 2.1.2024. (These keys never expire.)

I have not heard, as of now, about Heartsaver eLearning increases.



BLS Exams:

I sent out an email many months ago informing you that another state had a security compromise with Versions A & B BLS Exams. Therefore, you were to immediately stop using those versions and only use Versions C & D.

If you used them after that email, those trainings could be deemed invalid.

Please assure to ONLY use Versions C & D.

Heartsaver eCards:

All Heartsaver CPR AED eCards automatically cover Adult training. It does NOT state adult as a module because you must cover that. If you add on other modules, please click on the appropriate module to add those.

If you are teaching the Heartsaver Pediatric classes and you add adult also, then you will click that as on module you included.

Heartsaver Pediatric First Aid CPR AED:

If you teach any daycare or learning center that serves infants and children, assure you are issuing the Heartsaver PEDIATRIC First Aid CPR AED eCard. If you do not, you will be hearing from their licensor and will incur more costs replacing the eCards and they are SO expensive without issuing 2 cards to the learners.

You will also see that course title on our latest Course Roster, please check that Course type when teaching that course.

Newsletter Archives:

Please take the time to read the last 2 Newsletters from the past 2 years, as I try not to repeat the same information and you continue to be held responsible for that content.

I do repeat some topics that continue to arise. (Newsletters continue to be available on my website under Instructor Training Center.)



Training Center alignment fee due:

For those of you that are going to continue teaching AHA Courses for the next 2 years, it is time to renew your TC alignment.

The fee is \$120.00 (\$5.00 monthly per Instructor) for January 2024 through December 2025.

This payment is due by January 5th, 2024.

I am happy to say that there has not been an increase in my TC fee for the last 6 years :}

If you are personally responsible for this payment and you are suffering from financial hardship, please email me so we can make other arrangements. You will find the 2 year alignment form, registration and payment options under Training Center.

Please email me if you are no longer teaching or are no longer aligning with LifeSavers Training Center.

In that event, please enter "Will not be renewing alignment" in the subject line of your email. A few of you have already notified me of your retirement or job change, but please email me formally of your change of status for my records.

If you have not made your payment or notified me regarding needing special accommodations by 1.6.2024, I will assume you want to be removed from LifeSavers database and the AHA Atlas platform.

Once again, several of you have already completed your realignment and submitted it.

Thank you for being ahead of your Training Center Coordinator!

Closed For The Holidays:

As always, training tends to slow down around the holidays, therefore, LifeSavers will be closed from 12.20.2023 to 1.03.2024.

If you need any assistance from LifeSavers, including eCard orders, please notify me before or after these above dates.

I will not be returning calls or checking emails during this time.



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On a Personal Note:



We are once again heading to Update New York where our one and only son, Logan continues to be an Apache Helicopter Pilot with the US Army. So many of you have been with LifeSavers since he was a young child and now a man out there protecting us...That's a tough one for this mom...

Some great news and some not so great news:

Great News - He was promoted to Captain last month so we went there for his Ceremony. (Picture taken on 11.14.2023 with his fiancé).

Now, for the 'not so Great News', Logan is going to be deployed early next spring for up to a year in some not so friendly skies. Not sure where your faith is ... but if you have it in you, please pray for his safety there and in his safe return. Thank You.

As always, Thank You for being committed to teaching others lifesaving skills! I am SO proud to have all of you along for this 'Passion for Life' ride!

Sandy